

Sponsored by the Staff Association and CSIRO Men's Health Week 2022



Preventative Health

**All CSIRO employees are welcome to attend
For men and for people with men in their lives**

The Men's Health Week (MHW) is a joint initiative of the Staff Association and CSIRO held every June. Held at CSIRO Clayton, the half day seminar is open to everyone and will be broadcast nationally via WebEx.

This year's event will focus on preventative health. Guests include Dr Jessica Danaher from RMIT and the University of Newcastle's Leigh Kinsman. Includes presentations from CSIRO, Beyond Blue, Converge International (CSIRO EAP provider) and the Staff Association.

Wednesday 15 June

From 1.30 pm AEST (half day event)

Join online via

<https://webcast.csiro.au/#/webcasts/mhw2022>

For more information visit

<https://csirostaff.org.au/events/2022/05/18/mens-health-week-2022>

or email csstaff@cpsu.org.au

To access CSIRO EAP at any time, call 1300 687 327.

EVENT PROGRAM (all times AEST)

- 1330 Welcome - CSIRO
- 1340 **Mental Health**
Beyond Blue
- 1415 **Physical Health**
Nutrition - Dr Jessica Danaher
- 1450 Break
- 1515 **Preventative Health**
Health literacy - Leigh Kinsman
- 1550 **CSIRO EAP Provider**
Converge International
- 1620 CSIRO Staff Association

Attend as much of the program as desired, no minimum requirement.



**CSIRO STAFF
ASSOCIATION**

A section of the CPSU

